



**Brookfield  
Academy**

**Personal, Social, Health  
Education and Citizenship  
(PSHE & C) Policy**

March 2017

## PSHE and Citizenship Policy 2017

At Brookfield Academy we want our children to be successful, confident learners and responsible citizens in 'modern Britain'. We recognise the importance of both the academic and personal development and well-being of every child in our school. This includes recognising the importance of providing a range of opportunities for our children to respond to, that supports their personal, social, health and economic development.

We aim to develop learners who are passionate, take ownership of their learning and are proud of their achievements and their community.

### **Our school values**

Our values are the backbone of our school and help to prepare our pupils for living within a diverse society. Through our school values we promote pupils self-esteem, moral and social skills and care for their mental and physical health. We aim to help children at school develop into responsible, caring and respectful members of the community. All people who come into our school, whether staff, pupil, parent or visitor, are valued as individuals in their own right. They should set, and be entitled to expect from others, good standards of behaviour, marked by respect and responsibility.

We want all our pupils to be:-

- Happy and Safe
- Show Respect
- Enjoy a Challenge
- Celebrate Diversity
- Be Ready & Fit for our Future

### **What is Personal, Social and Health Education? (PSHE)**

PSHE encompasses all areas designed to promote children's personal, social, health and economic development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, and make the most of their own abilities and those of others. Additionally, children will come to appreciate difference and diversity and become responsible citizens within their community.

The framework for personal, social and health education (PSHE) and citizenship provides opportunities to support our work on developing pupils Social, Moral, Spiritual and Cultural development (SMSC).

## PSHE and Citizenship Policy 2017

### Aims

PSHE education at Brookfield Academy aims to enable pupils to:

- Develop positive relationships with members of the school and wider community.
- Encourage and support the development of social skills and social awareness.
- Enable pupils to make sense of their own personal and social experiences and to understand and manage their feelings.
- Respect people's differences and demonstrate tolerance towards others.
- Understand how society works and the rights and responsibilities involved becoming independent and responsible citizens of the community.
- Develop their self-confidence and self-esteem.
- Develop responsible attitudes towards the maintenance of good physical and mental health and gain an understanding of how to live a safe and healthy lifestyle.
- Gain the knowledge and develop the self-esteem, confidence and self-awareness to make informed choices and decisions with regards to personal and social issues.
- Understand British Values and ensure these are embedded into all aspects of school life.
- Be aware of how to keep themselves safe online and the potential risks of using the internet and social media in today's society.
- Foster a caring attitude towards and responsibility for the environment.
- Prepared to be positive and active citizens of a democratic society.

### Organisation of the curriculum

We believe that PSHE is central to the educational entitlement of all of our children. During Key Stages 1 and 2, learners gradually build on the skills, attitudes and values, knowledge and understanding they have started to acquire and develop during the Early Years Foundation Stage. PSHE education offers learning opportunities and experiences which reflect the increasing independence and physical and social awareness of learners as they move through the primary phase. They learn skills to develop effective relationships assume greater personal responsibility and keep themselves safe.

#### Early Years Foundation Stage (EYFS) –

In the EYFS, PSHE is developed through the 'Personal, Social and Emotional Development' (PSED) area of learning. PSED supports children to learn to get on with others and make friends, understand and talk about feelings, learn about 'right' and 'wrong', develop independence and ultimately feel good about themselves.

PSED is one of the three prime areas within the EYFS and is divided into three areas:

- Self-confidence and self-awareness - children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.
- Managing feelings and behaviour - children talk about how they and others show feelings, talk about their own and others behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and

## PSHE and Citizenship Policy 2017

follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.

- Making relationships - children play cooperatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

PSHE is promoted through every aspect of the child's day. Opportunities for the children to engage socially and participate in a range of different activities including play based provision, circle times, small group work or whole class activities. The children are encouraged to develop positive communication skills enabling them to express their needs and wishes appropriately and learn to how to negotiate with others when conflicts arise.

### Key Stage 1 and Key Stage 2

At Brookfield Academy the values of our school actively promote PSHE development in every aspect of school life and are strongly supported through, and embedded in, the delivery of our PSHE curriculum. PSHE lessons are delivered by the class teacher. Visiting professionals may provide talks/workshops to pupils. Our school values and PSHE themes are also introduced in and explored within whole school assemblies.

In addition to this, PSHE is delivered through a range of whole school activities. Pupils are given opportunities to join in and contribute to local and national initiatives e.g. anti-bullying week, e-safety week and fund-raising activities. Pupils may take part in school assemblies, be elected onto the School Council and are encouraged to appropriately express their opinions. SEAL materials and themes may be incorporated into PSHE lessons. Pupils are offered a wide range of opportunities to enhance their learning and engage with the concepts and content of the subject through learning in other subjects and areas of the curriculum and out-of-school activities.

The three overarching themes in the PSHE scheme of work at Brookfield Academy, delivered across all key stages, are as follows:

- Health and wellbeing
- Relationships
- Living in the wider world – Economic wellbeing and being a responsible citizen

The content of lessons taught to the different year groups can be seen in Appendix 1.

### **Teaching and Learning Strategies**

PSHE is taught through a number of ways. These may include:

- Discussion of topics and issues within the classroom – Circle time, role play, puppets, worry box, group and paired work, watching news clips of current affairs.
- Listening to invited guests to talk on specific issues – police, health professionals, representatives from different religions.
- Using resources purchased by school.
- Taking part in organised practical activities to promote active citizenship – charity fund raising, school council meetings, carrying out additional positions around school (playground leaders and anti-bullying ambassadors).

## PSHE and Citizenship Policy 2017

### Planning

In planning lessons, teachers are aware of the need to plan opportunities to develop a wide variety of personal, social, health and economic needs. This will be delivered through cross curricular activities as well as specific PSHE, RE and Circle Time activities. At Brookfield Academy the PSHE curriculum is supported by the Rotherham Healthy Schools Scheme of Work for PSHE and Citizenship document.

### Assessment

At Brookfield Academy, teachers integrate effective Assessment for Learning (AfL) in all areas of the curriculum. In PSHE, this involves:

- Assessing all children's starting point during the first lesson on a theme.
- Planning learning which builds on children's prior knowledge and shows progression in PSHE learning.
- Implementing assessment-based planning so that lessons consistently meet children's needs.
- Using self and peer assessment to involve children in understanding their own learning and next steps.
- Encouraging children to feed back to class teachers about which aspects of a theme they would like to learn more.

### Pupil Voice

The term 'Pupil Voice' describes how pupils give their input to what happens within the school and classroom. Our desire is for pupils to know that their expertise, opinions and ideas are valued in all aspects of school life. Pupil Voice permeates all levels of our work together, from pupils participating in small group classroom conversations to students establishing procedures, events and contributing to the overarching ethos of the school through the School Council.

### British Values

At Brookfield Academy we take very seriously our responsibility to prepare children for life in 'Modern Britain'. We ensure the fundamental British values are introduced, discussed and lived out through the values and work of the school.

All curriculum areas provide a vehicle for furthering understanding of these concepts and in particular, our RE and PSHE and Citizenship lessons provide excellent opportunities to deepen and develop understanding. Children are enthusiastic to demonstrate a good understanding of how these values apply to their own lives. Brookfield Academy is committed to serving its community. We recognise the multicultural, multi faith and ever changing nature of the United Kingdom. We also understand the vital role the school has for ensuring our children are not subjected to intimidating or racialization by others wishing to unduly or illegally influence them. Our equal opportunities guidance suggests there will be no discrimination of any individual or group regardless of their faith, ethnicity, gender, sexuality, political or financial status or similar.

The Government emphasises that schools are required to ensure that key 'British Values' are taught in all UK schools.

## PSHE and Citizenship Policy 2017

The British Values are:

- Rule of Law
- Individual Liberty
- Mutual Respect
- Tolerance of those of different faiths & beliefs

In our school we provide these values in the following ways:

### **Democracy**

Our children have the opportunity to have their voice heard through our School Council. Elections are undertaken and children vote for their peers. Playground leaders and anti-bullying ambassadors support children at break and lunchtime to encourage positive behaviour.

### **The Rule of Law**

The importance of laws and rules whether they are those that govern the class, the school or the country are consistently reinforced throughout the school day. Our Behaviour and Discipline Policy clearly outlines our behavioural expectations and children are well aware of the consequences for their actions. Children are taught the value and reasons for the laws, that they protect us and the responsibilities that are involved, as well as what the consequences are when laws are broken. Visits from authorities such as the police, fire service, church and other organisations support and reinforce these messages for our children.

### **Individual Liberty**

Within school, children are actively encouraged to make choices, knowing that they are in a safe and supportive environment. As a school we educate and set boundaries for our children to make choices safely for them to know and understand their rights and personal freedoms and how these can be fulfilled safely within our school environment through our E-Safety and PSHE lessons. Our children are regularly allowed to make their own choices by attending extra-curricular clubs, selecting meals, selecting aspects of their learning and by becoming increasingly independent.

### **Mutual Respect**

Respect is one of the core values that underpins our school. Our children know and understand that it is expected and imperative that respect is shown to everyone, whatever difference we may have. Respect is in evidence in all we do and children and adults, including visitors are treated with the utmost respect. We are polite and courteous in how we behave towards others. This is promoted through the Golden Rules as well as our Behaviour policy. When a child does something well, either academic or behaviour, their achievements are celebrated in a weekly 'Celebration Assembly' and are awarded 'star of the week'.

### **Tolerance of those with different faiths and beliefs**

Our children are encouraged to understand that other people having different faiths or beliefs should be accepted and tolerated and should not be the cause of prejudice or discriminatory behaviour. At Brookfield Academy our children learn to understand their place in a culturally diverse society. Our RE and PSHE curriculum, assemblies, visits and visitors to the school contribute to the children's knowledge and understanding and the right for each person to be respected and regarded equally irrespective of gender, ability, faith, race or heritage.

## PSHE and Citizenship Policy 2017

### **Equal Opportunities**

Each child has an entitlement to access the PSHE curriculum. The resources used and topics taught will reflect the multicultural society in which we live. Staff will ensure all pupils are comfortable within PSHE lessons and that every child has the opportunity to participate fully in all lessons and are equally respected for whom they are and for the contributions they make regardless of their ability, gender, beliefs or ethnic background. Staff will ensure that any specific learning needs are catered for within a lesson so that pupils can make progress and show what they can achieve.

**Policy written by:** Sarah Boyce (PSHE Leader).

**Checked by Governing Body:**

**Updated:** March 2017.

**Review date:** March 2018.